



Dr. Udaya Kumar Rao

- Date of Birth** : 28/05/1959
- Qualification** : MBBS, MD (Physiology)
- Designation** : Dean
- Address** : Srinivas Institute of Medical Sciences & Research Centre, Mukka, Surathkal, Mangalore – 574146.
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Dr. Udaya Kumar Rao has 32 years experience in teaching, served in Adichunchanagiri Institute of Medical Sciences Bellur, K.V.G Medical College, Sullia in various capacities.

He was Medical Superintendent in K.V.G Medical College, Sullia and Hospital for 4 years and was an able administrator.

He was a member in Preclinical Board of Studies in Mysore University and Rajiv Gandhi University of Health Sciences.

He was Under Graduate and Post Graduate examiner in Physiology inside and outside Karnataka state.

Educational Background :

Year of Passing : MBBS – 1984 J.N Medical College, Belgaum Karnataka University	Year Passing : MD (Physiology) – 1990 Bangalore Medical College, Bangalore Bangalore University
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Teaching Experience in Physiology: 32 yrs

As a Lecturer	: 18/08/1986 to 31/01/1988 in AIMS
As Post Graduate	: 01/02/1988 to 31/01/1990 in BMC
As Lecturer	: 01/02/1990 to 31/07/1991 in AIMS
As Asst. Professor	: 01/08/1991 to 30/04/1995 in AIMS
As Assoc. Professor	: 01/05/1995 to 01/06/1999 in AIMS
As Professor	: 02/06/1999 to 03/02/2005 in AIMS
As Professor & HOD	: 04/02/2005 to 31/09/2009
As Professor	: 01/10/2009 to 31/03/2014
As Professor & HOD	: 01/04/2014 to 09/12/2015
As Dean	: 10/12/2015 till date

Professional Achievements:

1. Ex-Member of Pre Clinical Board of Studies, Mysore University
2. Ex-Member of Pre Clinical Board of Studies, RGUHS Bangalore
3. Active participant in organising the 15th Annual convention of Indian Association for Cancer Research in February 22nd to 24th 1996 at AIMS, BG Nagar, Mandya.
4. Life member of Association of Physiologist and Pharmacologist of India.
5. External Examiner in Physiology for Undergraduate and Postgraduate Students of various Universities.

6. Chairperson, APPICON-2008, KMC, Mangalore conducted from 27th to 3rd Dec 2008.
7. Recognised Post Graduate guide by R.G.U.H.S. & Medical Council of India.
8. Co-guide for Ph.D student who was awarded Ph.D in 2018 (KSHEMA University).

Workshops & Conferences attended:

- Workshop on Biomedical instrumentation at St.John's Medical College, Bangalore on 5th April 2003.
- Workshop on Human's experiments in Physiology at St.John's Medical College, Bangalore on 28th and 29th January 2003.
- Workshop on Research Methodology at AIMS, BG Nagar, Mandya on 22nd March 2000.
- Conference at BMC, Bangalore in the year 1991.

Paper Publication:

- Quantification and comparison of insulin sensitizing property of aqueous extract of Cinnamomum zeylanicum bark with rosiglitazone in steroid induced insulin resistance in wistar rats.
- A short study on change in BP with BMI in obese and non-obese young girl students.

Current Research Topics:

- A comparative study of pulmonary function tests in Type 2 Diabetes Mellitus patients and healthy controls.
- ABO blood type based attributes and diseases among medical students.
- Pulmonary Function Tests in chronic smokers.